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| [**Ability Capsule**](https://pokemondb.net/item/ability-capsule) | Hold items | A capsule that allows a Pokémon with two Abilities to switch between these Abilities when it is used. |  |
| [**Ability Urge**](https://pokemondb.net/item/ability-urge) | Battle items | When used, it activates the Ability of an ally Pokémon. |  |
| **[Abomasite](https://pokemondb.net/item/abomasite)** | Hold items | Enables Abomasnow to Mega Evolve during battle. |  |
| **[Absolite](https://pokemondb.net/item/absolite)** | Hold items | Enables Absol to Mega Evolve during battle. |  |
| [**Absorb Bulb**](https://pokemondb.net/item/absorb-bulb) | Hold items | A consumable bulb. If the holder is hit by a Water-type move, its Sp. Atk will rise. |  |
| [**Adamant Orb**](https://pokemondb.net/item/adamant-orb) | Hold items | Increases the power of Dragon-​ and Steel-type moves when held by Dialga. |  |
| [**Adventure Rules**](https://pokemondb.net/item/adventure-rules) | General items | This book contains all the points a new Trainer needs to know on a journey. It was handmade by a kind friend. |  |
| **[Aerodactylite](https://pokemondb.net/item/aerodactylite)** | Hold items | Enables Aerodactyl to Mega Evolve during battle. |  |
| **[Aggronite](https://pokemondb.net/item/aggronite)** | Hold items | Enables Aggron to Mega Evolve during battle. |  |
| [**Air Balloon**](https://pokemondb.net/item/air-balloon) | Hold items | When held by a Pokémon, the Pokémon will float into the air. When the holder is attacked, this item will burst. |  |
| **[Alakazite](https://pokemondb.net/item/alakazite)** | Hold items | Enables Alakazam to Mega Evolve during battle. |  |
| **[Ampharosite](https://pokemondb.net/item/ampharosite)** | Hold items | Enables Ampharos to Mega Evolve during battle. |  |
| [**Amulet Coin**](https://pokemondb.net/item/amulet-coin) | Hold items | An item to be held by a Pokémon. It doubles a battle’s prize money if the holding Pokémon joins in. |  |
| [**Antidote**](https://pokemondb.net/item/antidote) | Medicine | A spray-type medicine. It lifts the effect of poison from one Pokémon. |  |
| [**Armor Fossil**](https://pokemondb.net/item/armor-fossil) | General items | A fossil from a prehistoric Pokémon that lived on the land. It appears to be part of a collar. |  |
| **[Aspear Berry](https://pokemondb.net/item/aspear-berry)** | Berries | If held by a Pokémon, it defrosts it. |  |
| [**Awakening**](https://pokemondb.net/item/awakening) | Medicine | A spray-type medicine. It awakens a Pokémon from the clutches of sleep. |  |
| [**BalmMushroom**](https://pokemondb.net/item/balmmushroom) | General items | A rare mushroom which gives off a nice fragrance. A maniac will buy it for a high price. |  |
| **[Banettite](https://pokemondb.net/item/banettite)** | Hold items | Enables Banette to Mega Evolve during battle. |  |
| [**Berry Juice**](https://pokemondb.net/item/berry-juice) | Medicine | A 100% pure juice made of Berries. It restores the HP of one Pokémon by just 20 points. |  |
| [**Big Mushroom**](https://pokemondb.net/item/big-mushroom) | General items | A large and rare mushroom. It is sought after by collectors. |  |
| [**Big Nugget**](https://pokemondb.net/item/big-nugget) | General items | A big nugget of pure gold that gives off a lustrous gleam. A maniac will buy it for a high price. |  |
| [**Big Pearl**](https://pokemondb.net/item/big-pearl) | General items | A quite-large pearl that sparkles in a pretty silver color. It can be sold at a high price to shops. |  |
| [**Big Root**](https://pokemondb.net/item/big-root) | Hold items | Recovers more HP from HP-stealing moves. |  |
| [**Binding Band**](https://pokemondb.net/item/binding-band) | Hold items | A band that increases the power of binding moves when held. |  |
| [**Black Belt**](https://pokemondb.net/item/black-belt) | Hold items | Increases the power of Fighting-type moves. |  |
| [**Black Flute**](https://pokemondb.net/item/black-flute) | General items | A toy flute made from black glass. A maniac will buy it for a high price. |  |
| [**Black Sludge**](https://pokemondb.net/item/black-sludge) | Hold items | A held item that gradually restores the HP of Poison-type Pokémon. It inflicts damage on all other types. |  |
| **[BlackGlasses](https://pokemondb.net/item/blackglasses)** | Hold items | Increases the power of Dark-type moves. |  |
| **[Blastoisinite](https://pokemondb.net/item/blastoisinite)** | Hold items | Enables Blastoise to Mega Evolve during battle. |  |
| **[Blazikenite](https://pokemondb.net/item/blazikenite)** | Hold items | Enables Blaziken to Mega Evolve during battle. |  |
| [**Blue Flute**](https://pokemondb.net/item/blue-flute) | General items | A toy flute made from blue glass. A maniac will buy it for a high price. |  |
| [**Blue Scarf**](https://pokemondb.net/item/blue-scarf) | General items | Raises holder's Beauty aspect in a Contest. |  |
| [**Blue Shard**](https://pokemondb.net/item/blue-shard) | General items | A small blue shard. It appears to be from some sort of implement made long ago. |  |
| [**BrightPowder**](https://pokemondb.net/item/brightpowder) | Hold items | Lowers the opponent’s accuracy. |  |
| [**Bug Gem**](https://pokemondb.net/item/bug-gem) | Hold items | Increases the power of a Bug-type move only once. |  |
| [**Burn Drive**](https://pokemondb.net/item/burn-drive) | Hold items | Changes Techno Blast to a Fire-type move when held by Genesect. |  |
| [**Burn Heal**](https://pokemondb.net/item/burn-heal) | Medicine | A spray-type medicine. It heals a single Pokémon that is suffering from a burn. |  |
| [**Calcium**](https://pokemondb.net/item/calcium) | Medicine | A nutritious drink for Pokémon. It raises the base Sp. Atk (Special Attack) stat of a single Pokémon. |  |
| [**Carbos**](https://pokemondb.net/item/carbos) | Medicine | A nutritious drink for Pokémon. It raises the base Speed stat of a single Pokémon. |  |
| **[Casteliacone](https://pokemondb.net/item/casteliacone)** | Medicine | Castelia City’s specialty, soft-serve ice cream. It heals all the status problems of a single Pokémon. |  |
| [**Cell Battery**](https://pokemondb.net/item/cell-battery) | Hold items | A consumable battery. If the holder is hit by an Electric-type move, its Attack will rise. |  |
| [**Charcoal**](https://pokemondb.net/item/charcoal) | Hold items | Increases the power of Fire-type moves. |  |
| **[Charizardite X](https://pokemondb.net/item/charizardite-x)** | Hold items | Enables Charizard to Mega Evolve during battle. |  |
| **[Charizardite Y](https://pokemondb.net/item/charizardite-y)** | Hold items | Enables Charizard to Mega Evolve during battle. |  |
| [**Cheri Berry**](https://pokemondb.net/item/cheri-berry) | Berries | If held by a Pokémon, it recovers from paralysis. |  |
| [**Cherish Ball**](https://pokemondb.net/item/cherish-ball) | Pokeballs | A quite rare Poké Ball that has been specially crafted to commemorate an occasion of some sort. |  |
| **[Chesto Berry](https://pokemondb.net/item/chesto-berry)** | Berries | If held by a Pokémon, it recovers from sleep. |  |
| [**Chill Drive**](https://pokemondb.net/item/chill-drive) | Hold items | Changes Techno Blast to an Ice-type move when held by Genesect. |  |
| [**Choice Band**](https://pokemondb.net/item/choice-band) | Hold items | Raises Attack, but only one move can be used. |  |
| [**Choice Scarf**](https://pokemondb.net/item/choice-scarf) | Hold items | Raises Speed, but only one move can be used. |  |
| [**Choice Specs**](https://pokemondb.net/item/choice-specs) | Hold items | Raises Special Attack, but only one move can be used. |  |
| [**Claw Fossil**](https://pokemondb.net/item/claw-fossil) | General items | A fossil of an ancient Pokémon that lived in the sea. It appears to be part of a claw. |  |
| [**Cleanse Tag**](https://pokemondb.net/item/cleanse-tag) | Hold items | An item to be held by a Pokémon. It helps keep wild Pokémon away if the holder is the first one in the party. |  |
| [**Clever Wing**](https://pokemondb.net/item/clever-wing) | Medicine | Increases Special Defense EVs by 1. |  |
| [**Comet Shard**](https://pokemondb.net/item/comet-shard) | General items | A shard which fell to the ground when a comet approached. A maniac will buy it for a high price. |  |
| [**Cover Fossil**](https://pokemondb.net/item/cover-fossil) | General items | A fossil of an ancient Pokémon that lived in the sea in ancient times. It appears to be part of its back. |  |
| **[Custap Berry](https://pokemondb.net/item/custap-berry)** | Berries | Holder can move first when HP is low. |  |
| [**Damp Mulch**](https://pokemondb.net/item/damp-mulch) | General items | A fertilizer to be spread on soft soil in regions where Berries are grown. A maniac will buy it for a high price. |  |
| [**Damp Rock**](https://pokemondb.net/item/damp-rock) | Hold items | A Pokémon held item that extends the duration of the move Rain Dance used by the holder. |  |
| [**Dark Gem**](https://pokemondb.net/item/dark-gem) | Hold items | Increases the power of a Dark-type move only once. |  |
| [**Dawn Stone**](https://pokemondb.net/item/dawn-stone) | General items | A peculiar stone that makes certain species of Pokémon evolve. It sparkles like eyes. |  |
| **[DeepSeaScale](https://pokemondb.net/item/deepseascale)** | Hold items | Increases Special Defense when held by Clamperl. |  |
| **[DeepSeaTooth](https://pokemondb.net/item/deepseatooth)** | Hold items | Increases Special Attack when held by Clamperl. |  |
| [**Destiny Knot**](https://pokemondb.net/item/destiny-knot) | Hold items | A long, thin, bright-red string to be held by a Pokémon. If the holder becomes infatuated, the foe does too. |  |
| [**Dire Hit**](https://pokemondb.net/item/dire-hit) | Battle items | Raises critical-hit ratio of a Pokémon in battle. |  |
| [**Dire Hit 2**](https://pokemondb.net/item/dire-hit-2) | Battle items | It can be used many times to raise the critical-hit ratio of one Pokémon. It wears off if the Pokémon is withdrawn. |  |
| [**Dire Hit 3**](https://pokemondb.net/item/dire-hit-3) | Battle items | It can be used many times to greatly raise a Pokémon’s critical-hit ratio. It wears off if the Pokémon is withdrawn. |  |
| [**Dive Ball**](https://pokemondb.net/item/dive-ball) | Pokeballs | A somewhat different Poké Ball that works especially well on Pokémon that live underwater. |  |
| [**Dome Fossil**](https://pokemondb.net/item/dome-fossil) | General items | A fossil of an ancient Pokémon that lived in the sea. It appears to be part of a shell. |  |
| [**Douse Drive**](https://pokemondb.net/item/douse-drive) | Hold items | Changes Techno Blast to a Water-type move when held by Genesect. |  |
| [**Draco Plate**](https://pokemondb.net/item/draco-plate) | Hold items | Increases power of Dragon-type moves. Changes Arceus' type to Dragon. |  |
| [**Dragon Fang**](https://pokemondb.net/item/dragon-fang) | Hold items | Increases the power of Dragon-type moves. |  |
| [**Dragon Gem**](https://pokemondb.net/item/dragon-gem) | Hold items | Increases the power of a Dragon-type move only once. |  |
| [**Dragon Scale**](https://pokemondb.net/item/dragon-scale) | General items | A thick and tough scale. Dragon-type Pokémon may be holding this item when caught. |  |
| [**Dread Plate**](https://pokemondb.net/item/dread-plate) | Hold items | Increases power of Dark-type moves. Changes Arceus' type to Dark. |  |
| [**Dream Ball**](https://pokemondb.net/item/dream-ball) | Pokeballs | A special Poké Ball that appears out of nowhere in a bag at the Entree Forest. It can catch any Pokémon. |  |
| [**Dubious Disc**](https://pokemondb.net/item/dubious-disc) | General items | A transparent device overflowing with dubious data. Its producer is unknown. |  |
| [**Dusk Ball**](https://pokemondb.net/item/dusk-ball) | Pokeballs | A somewhat different Poké Ball that makes it easier to catch wild Pokémon at night or in dark places like caves. |  |
| [**Dusk Stone**](https://pokemondb.net/item/dusk-stone) | General items | A peculiar stone that makes certain species of Pokémon evolve. It is as dark as dark can be. |  |
| [**Earth Plate**](https://pokemondb.net/item/earth-plate) | Hold items | Increases power of Ground-type moves. Changes Arceus' type to Ground. |  |
| [**Eject Button**](https://pokemondb.net/item/eject-button) | Hold items | If the holder is hit by an attack, it will switch with another Pokémon in your party. |  |
| **[Electirizer](https://pokemondb.net/item/electirizer)** | General items | A box packed with a tremendous amount of electric energy. It is loved by a certain Pokémon. |  |
| [**Electric Gem**](https://pokemondb.net/item/electric-gem) | Hold items | Increases the power of an Electric-type move only once. |  |
| [**Elixir**](https://pokemondb.net/item/elixir) | Medicine | It restores the PP of all the moves learned by the targeted Pokémon by 10 points each. |  |
| [**Energy Root**](https://pokemondb.net/item/energy-root) | Medicine | A very bitter root. It restores the HP of one POKéMON by 200 points. |  |
| **[EnergyPowder](https://pokemondb.net/item/energypowder)** | Medicine | A very bitter medicine powder. It restores the HP of one POKéMON by 50 points. |  |
| [**Enigma Berry**](https://pokemondb.net/item/enigma-berry) | Berries | If held by a Pokémon, it restores its HP if it is hit by any supereffective attack. |  |
| [**Escape Rope**](https://pokemondb.net/item/escape-rope) | General items | A long, durable rope. Use it to escape instantly from a cave or a dungeon. |  |
| [**Ether**](https://pokemondb.net/item/ether) | Medicine | It restores the PP of a Pokémon’s selected move by a maximum of 10 points. |  |
| **[Everstone](https://pokemondb.net/item/everstone)** | Hold items | An item to be held by a Pokémon. The Pokémon holding this peculiar stone is prevented from evolving. |  |
| **[Eviolite](https://pokemondb.net/item/eviolite)** | Hold items | A mysterious evolutionary lump. When held, it raises the Defense and Sp. Def of a Pokémon that can still evolve. |  |
| [**Exp. Share**](https://pokemondb.net/item/exp-share) | Hold items | An item to be held by a Pokémon. The holder gets a share of a battle’s Exp. Points without battling. |  |
| [**Expert Belt**](https://pokemondb.net/item/expert-belt) | Hold items | Increases the power of super-effective moves. |  |
| [**Fairy Gem**](https://pokemondb.net/item/fairy-gem) | General items | Increases the power of a Fairy-type move only once. |  |
| [**Fast Ball**](https://pokemondb.net/item/fast-ball) | Pokeballs | A Poké Ball that makes it easier to catch Pokémon which are quick to run away. |  |
| [**Fighting Gem**](https://pokemondb.net/item/fighting-gem) | Hold items | Increases the power of a Fighting-type move only once. |  |
| [**Fire Gem**](https://pokemondb.net/item/fire-gem) | Hold items | Increases the power of a Fire-type move only once. |  |
| [**Fire Stone**](https://pokemondb.net/item/fire-stone) | General items | A peculiar stone that makes certain species of POKéMON evolve. It is colored orange. |  |
| [**Fist Plate**](https://pokemondb.net/item/fist-plate) | Hold items | Increases power of Fighting-type moves. Changes Arceus' type to Fighting. |  |
| [**Flame Orb**](https://pokemondb.net/item/flame-orb) | Hold items | An item to be held by a Pokémon. It is a bizarre orb that inflicts a burn on the holder in battle. |  |
| [**Flame Plate**](https://pokemondb.net/item/flame-plate) | Hold items | Increases power of Fire-type moves. Changes Arceus' type to Fire. |  |
| [**Float Stone**](https://pokemondb.net/item/float-stone) | Hold items | A very light stone. It reduces the weight of a Pokémon when held. |  |
| [**Fluffy Tail**](https://pokemondb.net/item/fluffy-tail) | General items | An item that attracts Pokémon. Use it to flee from any battle with a wild Pokémon. |  |
| [**Flying Gem**](https://pokemondb.net/item/flying-gem) | Hold items | Increases the power of a Flying-type move only once. |  |
| [**Focus Band**](https://pokemondb.net/item/focus-band) | Hold items | An item to be held by a Pokémon. The holder may endure a potential KO attack, leaving it with just 1 HP. |  |
| [**Focus Sash**](https://pokemondb.net/item/focus-sash) | Hold items | An item to be held by a Pokémon. If it has full HP, the holder will endure one potential KO attack, leaving 1 HP. |  |
| [**Fresh Water**](https://pokemondb.net/item/fresh-water) | Medicine | Water with a high mineral content. It restores the HP of one POKéMON by 50 points. |  |
| [**Friend Ball**](https://pokemondb.net/item/friend-ball) | Pokeballs | A Poké Ball that makes caught Pokémon more friendly. |  |
| [**Full Heal**](https://pokemondb.net/item/full-heal) | Medicine | A spray-type medicine. It heals all the status problems of a single Pokémon. |  |
| [**Full Incense**](https://pokemondb.net/item/full-incense) | Hold items | An item to be held by a Pokémon. It is an exotic-smelling incense that makes the holder bloated and slow moving. |  |
| [**Full Restore**](https://pokemondb.net/item/full-restore) | Medicine | A medicine that fully restores the HP and heals any status problems of a single Pokémon. |  |
| [**Garchompite**](https://pokemondb.net/item/garchompite) | Hold items | Enables Garchomp to Mega Evolve during battle. |  |
| **[Gardevoirite](https://pokemondb.net/item/gardevoirite)** | Hold items | Enables Gardevoir to Mega Evolve during battle. |  |
| **[Gengarite](https://pokemondb.net/item/gengarite)** | Hold items | Enables Gengar to Mega Evolve during battle. |  |
| [**Genius Wing**](https://pokemondb.net/item/genius-wing) | Medicine | Increases Special Attack EVs by 1. |  |
| [**Ghost Gem**](https://pokemondb.net/item/ghost-gem) | Hold items | Increases the power of a Ghost-type move only once. |  |
| [**Grass Gem**](https://pokemondb.net/item/grass-gem) | Hold items | Increases the power of a Grass-type move only once. |  |
| [**Great Ball**](https://pokemondb.net/item/great-ball) | Pokeballs | A good, high-performance Ball that provides a higher Pokémon catch rate than a standard Poké Ball. |  |
| [**Green Scarf**](https://pokemondb.net/item/green-scarf) | General items | Raises holder's Smart aspect in a Contest. |  |
| [**Green Shard**](https://pokemondb.net/item/green-shard) | General items | A small green shard. It appears to be from some sort of implement made long ago. |  |
| [**Grip Claw**](https://pokemondb.net/item/grip-claw) | Hold items | A Pokémon held item that extends the duration of multiturn attacks like Bind and Wrap. |  |
| [**Griseous Orb**](https://pokemondb.net/item/griseous-orb) | Hold items | Increases the power of Dragon- and Ghost-type moves when held by Giratina, and changes it to Origin Forme. |  |
| [**Ground Gem**](https://pokemondb.net/item/ground-gem) | Hold items | Increases the power of a Ground-type move only once. |  |
| [**Guard Spec.**](https://pokemondb.net/item/guard-spec) | Battle items | Prevents stat reduction for five turns. |  |
| **[Gyaradosite](https://pokemondb.net/item/gyaradosite)** | Hold items | Enables Gyarados to Mega Evolve during battle. |  |
| [**Hard Stone**](https://pokemondb.net/item/hard-stone) | Hold items | Increases the power of Rock-type moves. |  |
| [**Heal Ball**](https://pokemondb.net/item/heal-ball) | Pokeballs | A remedial Poké Ball that restores the caught Pokémon’s HP and eliminates any status problem. |  |
| [**Heal Powder**](https://pokemondb.net/item/heal-powder) | Medicine | A very bitter medicine powder. It heals all the status problems of a single Pokémon. |  |
| [**Health Wing**](https://pokemondb.net/item/health-wing) | Medicine | Increases HP EVs by 1. |  |
| [**Heart Scale**](https://pokemondb.net/item/heart-scale) | General items | A pretty, heart-shaped scale that is extremely rare. It glows faintly in the colors of the rainbow. |  |
| [**Heat Rock**](https://pokemondb.net/item/heat-rock) | Hold items | A Pokémon held item that extends the duration of the move Sunny Day used by the holder. |  |
| [**Heavy Ball**](https://pokemondb.net/item/heavy-ball) | Pokeballs | A Poké Ball for catching very heavy Pokémon. |  |
| [**Helix Fossil**](https://pokemondb.net/item/helix-fossil) | General items | A fossil of an ancient Pokémon that lived in the sea. It appears to be part of a seashell. |  |
| **[Heracronite](https://pokemondb.net/item/heracronite)** | Hold items | Enables Heracross to Mega Evolve during battle. |  |
| [**HM01**](https://pokemondb.net/item/hm01) | Machines | Teaches the move Cut. |  |
| [**HM02**](https://pokemondb.net/item/hm02) | Machines | Teaches the move Fly. |  |
| [**HM03**](https://pokemondb.net/item/hm03) | Machines | Teaches the move Surf. |  |
| [**HM04**](https://pokemondb.net/item/hm04) | Machines | Teaches the move Strength. |  |
| [**HM05**](https://pokemondb.net/item/hm05) | Machines | Teaches the move Waterfall. |  |
| [**HM06**](https://pokemondb.net/item/hm06) | Machines | Teaches the move Rock Climb |  |
| [**Houndoominite**](https://pokemondb.net/item/houndoominite) | Hold items | Enables Houndoom to Mega Evolve during battle. |  |
| [**HP Up**](https://pokemondb.net/item/hp-up) | Medicine | A nutritious drink for Pokémon. It raises the base HP of a single Pokémon. |  |
| [**Hyper Potion**](https://pokemondb.net/item/hyper-potion) | Medicine | A spray-type medicine for wounds. It restores the HP of one Pokémon by 200 points. |  |
| [**Ice Gem**](https://pokemondb.net/item/ice-gem) | Hold items | Increases the power of an Ice-type move only once. |  |
| [**Ice Heal**](https://pokemondb.net/item/ice-heal) | Medicine | A spray-type medicine. It defrosts a Pokémon that has been frozen solid. |  |
| [**Icicle Plate**](https://pokemondb.net/item/icicle-plate) | Hold items | Increases power of Ice-type moves. Changes Arceus' type to Ice. |  |
| [**Icy Rock**](https://pokemondb.net/item/icy-rock) | Hold items | A Pokémon held item that extends the duration of the move Hail used by the holder. |  |
| [**Insect Plate**](https://pokemondb.net/item/insect-plate) | Hold items | Increases power of Bug-type moves. Changes Arceus' type to Bug. |  |
| [**Iron**](https://pokemondb.net/item/iron) | Medicine | A nutritious drink for Pokémon. It raises the base Defense stat of a single Pokémon. |  |
| [**Iron Ball**](https://pokemondb.net/item/iron-ball) | Hold items | A Pokémon held item that cuts Speed. It makes Flying-type and levitating holders susceptible to Ground moves. |  |
| [**Iron Plate**](https://pokemondb.net/item/iron-plate) | Hold items | Increases power of Steel-type moves. Changes Arceus' type to Steel. |  |
| [**Item Drop**](https://pokemondb.net/item/item-drop) | Battle items | When used, it causes an ally Pokémon to drop a held item. |  |
| [**Item Urge**](https://pokemondb.net/item/item-urge) | Battle items | When used, it causes an ally Pokémon to use its held item. |  |
| [**Kangaskhanite**](https://pokemondb.net/item/kangaskhanite) | Hold items | Enables Kangaskhan to Mega Evolve during battle. |  |
| [**King's Rock**](https://pokemondb.net/item/kings-rock) | Hold items | An item to be held by a Pokémon. When the holder inflicts damage, the target may flinch. |  |
| [**Lagging Tail**](https://pokemondb.net/item/lagging-tail) | Hold items | An item to be held by a Pokémon. It is tremendously heavy and makes the holder move slower than usual. |  |
| [**Lava Cookie**](https://pokemondb.net/item/lava-cookie) | Medicine | LAVARIDGE TOWN’s local specialty. It heals all the status problems of one POKéMON. |  |
| [**Lax Incense**](https://pokemondb.net/item/lax-incense) | Hold items | An item to be held by a Pokémon. The tricky aroma of this incense may make attacks miss the holder. |  |
| [**Leaf Stone**](https://pokemondb.net/item/leaf-stone) | General items | A peculiar stone that makes certain species of POKéMON evolve. It has a leaf pattern. |  |
| [**Leftovers**](https://pokemondb.net/item/leftovers) | Hold items | An item to be held by a Pokémon. The holder’s HP is gradually restored during battle. |  |
| [**Lemonade**](https://pokemondb.net/item/lemonade) | Medicine | A very sweet drink. It restores the HP of one POKéMON by 80 points. |  |
| [**Leppa Berry**](https://pokemondb.net/item/leppa-berry) | Berries | If held by a Pokémon, it restores a move’s PP by 10. |  |
| [**Level Ball**](https://pokemondb.net/item/level-ball) | Pokeballs | A Poké Ball for catching Pokémon that are a lower level than your own. |  |
| [**Life Orb**](https://pokemondb.net/item/life-orb) | Hold items | Increases the power of moves, but loses HP each turn. |  |
| [**Light Ball**](https://pokemondb.net/item/light-ball) | Hold items | An item to be held by PIKACHU. It is a puzzling orb that raises the Attack and Sp. Atk stat. |  |
| [**Light Clay**](https://pokemondb.net/item/light-clay) | Hold items | A Pokémon held item that extends the duration of barrier moves like Light Screen and Reflect used by the holder. |  |
| [**Love Ball**](https://pokemondb.net/item/love-ball) | Pokeballs | Poké Ball for catching Pokémon that are the opposite gender of your Pokémon. |  |
| **[Lucarionite](https://pokemondb.net/item/lucarionite)** | Hold items | Enables Lucario to Mega Evolve during battle. |  |
| [**Luck Incense**](https://pokemondb.net/item/luck-incense) | Hold items | An item to be held by a Pokémon. It doubles a battle’s prize money if the holding Pokémon joins in. |  |
| [**Lucky Egg**](https://pokemondb.net/item/lucky-egg) | Hold items | An item to be held by a Pokémon. It is an egg filled with happiness that earns extra Exp. Points in battle. |  |
| [**Lucky Punch**](https://pokemondb.net/item/lucky-punch) | Hold items | Increases critical-hit ratio when held by Chansey. |  |
| **[Lum Berry](https://pokemondb.net/item/lum-berry)** | Berries | If held by a Pokémon, it recovers from any status problem. |  |
| [**Lure Ball**](https://pokemondb.net/item/lure-ball) | Pokeballs | A Poké Ball for catching Pokémon hooked by a Rod when fishing. |  |
| [**Lustrous Orb**](https://pokemondb.net/item/lustrous-orb) | Hold items | Increases the power of Dragon-​ and Water-type moves when held by Palkia. |  |
| [**Luxury Ball**](https://pokemondb.net/item/luxury-ball) | Pokeballs | A comfortable Poké Ball that makes a caught wild Pokémon quickly grow friendly. |  |
| [**Macho Brace**](https://pokemondb.net/item/macho-brace) | Hold items | An item to be held by a Pokémon. It is a stiff and heavy brace that promotes strong growth but lowers Speed. |  |
| **[Magmarizer](https://pokemondb.net/item/magmarizer)** | General items | A box packed with a tremendous amount of magma energy. It is loved by a certain Pokémon. |  |
| [**Magnet**](https://pokemondb.net/item/magnet) | Hold items | Increases the power of Electric-type moves. |  |
| [**Manectite**](https://pokemondb.net/item/manectite) | Hold items | Enables Manectric to Mega Evolve during battle. |  |
| [**Master Ball**](https://pokemondb.net/item/master-ball) | Pokeballs | The best Ball with the ultimate level of performance. It will catch any wild Pokémon without fail. |  |
| **[Mawilite](https://pokemondb.net/item/mawilite)** | Hold items | Enables Mawile to Mega Evolve during battle. |  |
| [**Max Elixir**](https://pokemondb.net/item/max-elixir) | Medicine | It fully restores the PP of all the moves learned by the targeted Pokémon. |  |
| [**Max Ether**](https://pokemondb.net/item/max-ether) | Medicine | It fully restores the PP of a single selected move that has been learned by the target Pokémon. |  |
| [**Max Potion**](https://pokemondb.net/item/max-potion) | Medicine | A spray-type medicine for wounds. It completely restores the HP of a single Pokémon. |  |
| [**Max Repel**](https://pokemondb.net/item/max-repel) | General items | An item that prevents weak wild Pokémon from appearing for 250 steps after its use. |  |
| [**Max Revive**](https://pokemondb.net/item/max-revive) | Medicine | A medicine that revives a fainted Pokémon. It fully restores the Pokémon’s HP. |  |
| [**Meadow Plate**](https://pokemondb.net/item/meadow-plate) | Hold items | Increases power of Grass-type moves. Changes Arceus' type to Grass. |  |
| [**Medichamite**](https://pokemondb.net/item/medichamite) | Hold items | Enables Medicham to Mega Evolve during battle. |  |
| [**Mental Herb**](https://pokemondb.net/item/mental-herb) | Hold items | An item to be held by a Pokémon. It snaps the holder out of infatuation. It can be used only once. |  |
| [**Metal Coat**](https://pokemondb.net/item/metal-coat) | Hold items | Increases the power of Steel-type moves. |  |
| [**Metal Powder**](https://pokemondb.net/item/metal-powder) | Hold items | Increases Defense when held by Ditto. |  |
| [**Metronome**](https://pokemondb.net/item/metronome) | Hold items | Increases the power of moves used consecutively. |  |
| **[Mewtwonite X](https://pokemondb.net/item/mewtwonite-x)** | Hold items | Enables Mewtwo to Mega Evolve during battle. |  |
| **[Mewtwonite Y](https://pokemondb.net/item/mewtwonite-y)** | Hold items | Enables Mewtwo to Mega Evolve during battle. |  |
| [**Mind Plate**](https://pokemondb.net/item/mind-plate) | Hold items | Increases power of Psychic-type moves. Changes Arceus' type to Psychic. |  |
| [**Miracle Seed**](https://pokemondb.net/item/miracle-seed) | Hold items | Increases the power of Grass-type moves. |  |
| **[Moomoo Milk](https://pokemondb.net/item/moomoo-milk)** | Medicine | Milk with a very high nutrition content. It restores the HP of one Pokémon by 100 points. |  |
| [**Moon Ball**](https://pokemondb.net/item/moon-ball) | Pokeballs | A Poké Ball for catching Pokémon that evolve using the Moon Stone. |  |
| [**Moon Stone**](https://pokemondb.net/item/moon-stone) | General items | A peculiar stone that makes certain species of POKéMON evolve. It is as black as the night sky. |  |
| [**Muscle Band**](https://pokemondb.net/item/muscle-band) | Hold items | Increases the power of Physical-category moves. |  |
| [**Muscle Wing**](https://pokemondb.net/item/muscle-wing) | Medicine | Increases Attack EVs by 1. |  |
| [**Mystic Water**](https://pokemondb.net/item/mystic-water) | Hold items | Increases the power of Water-type moves. |  |
| [**Nest Ball**](https://pokemondb.net/item/nest-ball) | Pokeballs | A somewhat different Poké Ball that works especially well on weaker Pokémon in the wild. |  |
| [**Net Ball**](https://pokemondb.net/item/net-ball) | Pokeballs | A somewhat different Poké Ball that works especially well on Water- and Bug-type Pokémon. |  |
| **[NeverMeltIce](https://pokemondb.net/item/nevermeltice)** | Hold items | Increases the power of Ice-type moves. |  |
| [**Normal Gem**](https://pokemondb.net/item/normal-gem) | Hold items | Increases the power of a Normal-type move only once. |  |
| [**Nugget**](https://pokemondb.net/item/nugget) | General items | A nugget of pure gold that gives off a lustrous gleam. It can be sold at a high price to shops. |  |
| [**Odd Incense**](https://pokemondb.net/item/odd-incense) | Hold items | Increases the power of Psychic-type moves. |  |
| [**Odd Keystone**](https://pokemondb.net/item/odd-keystone) | General items | A vital item that is needed to keep a stone tower from collapsing. Voices can be heard from it occasionally. |  |
| [**Old Amber**](https://pokemondb.net/item/old-amber) | General items | A piece of amber that contains the genetic material of an ancient Pokémon. It is clear with a reddish tint. |  |
| [**Old Gateau**](https://pokemondb.net/item/old-gateau) | Medicine | Old Chateau’s hidden specialty. It heals all the status problems of a single Pokémon. |  |
| [**Oran Berry**](https://pokemondb.net/item/oran-berry) | Berries | If held by a Pokémon, it heals the user by just 10 HP. |  |
| [**Oval Charm**](https://pokemondb.net/item/oval-charm) | General items | An oval charm said to increase the chance of Pokémon Eggs being found at the Day Care. |  |
| [**Oval Stone**](https://pokemondb.net/item/oval-stone) | General items | A peculiar stone that makes certain species of Pokémon evolve. It is shaped like an egg. |  |
| [**Park Ball**](https://pokemondb.net/item/park-ball) | Pokeballs | A special Poké Ball for the Pal Park. |  |
| **[Parlyz Heal](https://pokemondb.net/item/parlyz-heal)** | Medicine | A spray-type medicine. It eliminates paralysis from a single Pokémon. |  |
| [**Pearl**](https://pokemondb.net/item/pearl) | General items | A somewhat-small pearl that sparkles in a pretty silver color. It can be sold cheaply to shops. |  |
| [**Pearl String**](https://pokemondb.net/item/pearl-string) | General items | Very large pearls that sparkle in a pretty silver color. A maniac will buy them for a high price. |  |
| [**Pecha Berry**](https://pokemondb.net/item/pecha-berry) | Berries | If held by a Pokémon, it recovers from poison. |  |
| [**Persim Berry**](https://pokemondb.net/item/persim-berry) | Berries | If held by a Pokémon, it recovers from confusion. |  |
| [**Pink Scarf**](https://pokemondb.net/item/pink-scarf) | General items | Raises holder's Cute aspect in a Contest. |  |
| **[Pinsirite](https://pokemondb.net/item/pinsirite)** | Hold items | Enables Pinsir to Mega Evolve during battle. |  |
| [**Pixie Plate**](https://pokemondb.net/item/pixie-plate) | Hold items | Increases power of Fairy-type moves. Changes Arceus' type to Fairy. |  |
| [**Plume Fossil**](https://pokemondb.net/item/plume-fossil) | General items | A fossil of an ancient Pokémon that flew in the sky in ancient times. It appears to be part of its wing. |  |
| [**Poison Barb**](https://pokemondb.net/item/poison-barb) | Hold items | Increases the power of Poison-type moves. |  |
| [**Poison Gem**](https://pokemondb.net/item/poison-gem) | Hold items | Increases the power of a Poison-type move only once. |  |
| **[Poké Ball](https://pokemondb.net/item/poke-ball)** | Pokeballs | A device for catching wild Pokémon. It is thrown like a ball at the target. It is designed as a capsule system. |  |
| **[Poké Doll](https://pokemondb.net/item/poke-doll)** | General items | A doll that attracts Pokémon. Use it to flee from any battle with a wild Pokémon. |  |
| **[Poké Toy](https://pokemondb.net/item/poke-toy)** | General items | An item that attracts Pokémon. Use it to flee from any battle with a wild Pokémon. |  |
| [**Potion**](https://pokemondb.net/item/potion) | Medicine | A spray-type medicine for wounds. It restores the HP of one Pokémon by just 20 points. |  |
| [**Power Anklet**](https://pokemondb.net/item/power-anklet) | Hold items | A Pokémon held item that promotes Speed gain on leveling, but reduces the Speed stat. |  |
| [**Power Band**](https://pokemondb.net/item/power-band) | Hold items | A Pokémon held item that promotes Sp. Def gain on leveling, but reduces the Speed stat. |  |
| [**Power Belt**](https://pokemondb.net/item/power-belt) | Hold items | A Pokémon held item that promotes Defense gain on leveling, but reduces the Speed stat. |  |
| [**Power Bracer**](https://pokemondb.net/item/power-bracer) | Hold items | A Pokémon held item that promotes Attack gain on leveling, but reduces the Speed stat. |  |
| [**Power Herb**](https://pokemondb.net/item/power-herb) | Hold items | A single-use item to be held by a Pokémon. It allows the immediate use of a move that charges on the first turn. |  |
| [**Power Lens**](https://pokemondb.net/item/power-lens) | Hold items | A Pokémon held item that promotes Sp. Atk gain on leveling, but reduces the Speed stat. |  |
| [**Power Weight**](https://pokemondb.net/item/power-weight) | Hold items | A Pokémon held item that promotes HP gain on leveling, but reduces the Speed stat. |  |
| [**PP Max**](https://pokemondb.net/item/pp-max) | Medicine | It maximally raises the top PP of a selected move that has been learned by the target Pokémon. |  |
| [**PP Up**](https://pokemondb.net/item/pp-up) | Medicine | It slightly raises the maximum PP of a selected move that has been learned by the target Pokémon. |  |
| [**Premier Ball**](https://pokemondb.net/item/premier-ball) | Pokeballs | A somewhat rare Poké Ball that has been specially made to commemorate an event of some sort. |  |
| [**Pretty Wing**](https://pokemondb.net/item/pretty-wing) | General items | Though this feather is beautiful, it’s just a regular feather and has no effect on Pokémon. |  |
| [**Prism Scale**](https://pokemondb.net/item/prism-scale) | General items | A mysterious scale that evolves certain Pokémon. It shines in rainbow colors. |  |
| [**Protector**](https://pokemondb.net/item/protector) | General items | A protective item of some sort. It is extremely stiff and heavy. It is loved by a certain Pokémon. |  |
| [**Protein**](https://pokemondb.net/item/protein) | Medicine | A nutritious drink for Pokémon. It raises the base Attack stat of a single Pokémon. |  |
| [**Psychic Gem**](https://pokemondb.net/item/psychic-gem) | Hold items | Increases the power of a Psychic-type move only once. |  |
| [**Pure Incense**](https://pokemondb.net/item/pure-incense) | Hold items | An item to be held by a Pokémon. It helps keep wild Pokémon away if the holder is the first one in the party. |  |
| [**Quick Ball**](https://pokemondb.net/item/quick-ball) | Pokeballs | A somewhat different Poké Ball that provides a better catch rate if it is used at the start of a wild encounter. |  |
| [**Quick Claw**](https://pokemondb.net/item/quick-claw) | Hold items | An item to be held by a Pokémon. A light, sharp claw that lets the bearer move first occasionally. |  |
| [**Quick Powder**](https://pokemondb.net/item/quick-powder) | Hold items | Increases Speed when held by Ditto. |  |
| [**Rare Bone**](https://pokemondb.net/item/rare-bone) | General items | A bone that is extremely valuable for Pokémon archeology. It can be sold for a high price to shops. |  |
| [**Rare Candy**](https://pokemondb.net/item/rare-candy) | Medicine | A candy that is packed with energy. It raises the level of a single Pokémon by one. |  |
| **[Rawst Berry](https://pokemondb.net/item/rawst-berry)** | Berries | If held by a Pokémon, it recovers from a burn. |  |
| [**Razor Claw**](https://pokemondb.net/item/razor-claw) | Hold items | Increases critical-hit ratio. |  |
| [**Razor Fang**](https://pokemondb.net/item/razor-fang) | Hold items | An item to be held by a Pokémon. It may make foes and allies flinch when the holder inflicts damage. |  |
| [**Reaper Cloth**](https://pokemondb.net/item/reaper-cloth) | General items | A cloth imbued with horrifyingly strong spiritual energy. It is loved by a certain Pokémon. |  |
| [**Red Card**](https://pokemondb.net/item/red-card) | Hold items | A card with a mysterious power. When the holder is struck by a foe, the attacker is removed from battle. |  |
| [**Red Flute**](https://pokemondb.net/item/red-flute) | General items | A toy flute made from red glass. A maniac will buy it for a high price. |  |
| [**Red Scarf**](https://pokemondb.net/item/red-scarf) | General items | Raises holder's Cool aspect in a Contest. |  |
| [**Red Shard**](https://pokemondb.net/item/red-shard) | General items | A small red shard. It appears to be from some sort of implement made long ago. |  |
| [**Repeat Ball**](https://pokemondb.net/item/repeat-ball) | Pokeballs | A somewhat different Poké Ball that works especially well on Pokémon species that were previously caught. |  |
| [**Repel**](https://pokemondb.net/item/repel) | General items | An item that prevents weak wild Pokémon from appearing for 100 steps after its use. |  |
| [**Reset Urge**](https://pokemondb.net/item/reset-urge) | Battle items | When used, it restores any stat changes of an ally Pokémon. |  |
| [**Resist Wing**](https://pokemondb.net/item/resist-wing) | Medicine | Increases Defense EVs by 1. |  |
| [**Revival Herb**](https://pokemondb.net/item/revival-herb) | Medicine | A very bitter medicinal herb. It revives a fainted Pokémon, fully restoring its HP. |  |
| [**Revive**](https://pokemondb.net/item/revive) | Medicine | A medicine that revives a fainted Pokémon. It restores half the Pokémon’s maximum HP. |  |
| [**Ring Target**](https://pokemondb.net/item/ring-target) | Hold items | Moves that would otherwise have no effect will land on the Pokémon that holds it. |  |
| [**Rock Gem**](https://pokemondb.net/item/rock-gem) | Hold items | Increases the power of a Rock-type move only once. |  |
| [**Rock Incense**](https://pokemondb.net/item/rock-incense) | Hold items | Increases the power of Rock-type moves. |  |
| [**Rocky Helmet**](https://pokemondb.net/item/rocky-helmet) | Hold items | If the holder of this item takes damage, the attacker will also be damaged upon contact. |  |
| [**Root Fossil**](https://pokemondb.net/item/root-fossil) | General items | A fossil of an ancient Pokémon that lived in the sea. It appears to be part of a plant root. |  |
| [**Rose Incense**](https://pokemondb.net/item/rose-incense) | Hold items | Increases the power of Grass-type moves. |  |
| [**Sacred Ash**](https://pokemondb.net/item/sacred-ash) | Medicine | It revives all fainted Pokémon. In doing so, it also fully restores their HP. |  |
| [**Safari Ball**](https://pokemondb.net/item/safari-ball) | Pokeballs | A special Poké Ball that is used only in the Great Marsh. It is decorated in a camouflage pattern. |  |
| [**Scizorite**](https://pokemondb.net/item/scizorite) | Hold items | Enables Scizor to Mega Evolve during battle. |  |
| [**Scope Lens**](https://pokemondb.net/item/scope-lens) | Hold items | Increases critical-hit ratio. |  |
| [**Sea Incense**](https://pokemondb.net/item/sea-incense) | Hold items | Increases the power of Water-type moves. |  |
| [**Sharp Beak**](https://pokemondb.net/item/sharp-beak) | Hold items | Increases the power of Flying-type moves. |  |
| [**Shed Shell**](https://pokemondb.net/item/shed-shell) | Hold items | A tough, discarded carapace to be held by a Pokémon. It enables the holder to switch with a waiting Pokémon in battle. |  |
| [**Shell Bell**](https://pokemondb.net/item/shell-bell) | Hold items | An item to be held by a Pokémon. The holder’s HP is restored a little every time it inflicts damage. |  |
| [**Shiny Charm**](https://pokemondb.net/item/shiny-charm) | General items | A shiny charm said to increase the chance of finding a Shiny Pokémon in the wild. |  |
| [**Shiny Stone**](https://pokemondb.net/item/shiny-stone) | General items | A peculiar stone that makes certain species of Pokémon evolve. It shines with a dazzling light. |  |
| [**Shock Drive**](https://pokemondb.net/item/shock-drive) | Hold items | Changes Techno Blast to an Electric-type move when held by Genesect. |  |
| **[Shuca Berry](https://pokemondb.net/item/shuca-berry)** | Berries | Weakens a supereffective Ground-type attack against the holding Pokémon. |  |
| [**Silk Scarf**](https://pokemondb.net/item/silk-scarf) | Hold items | Increases the power of Normal-type moves. |  |
| **[SilverPowder](https://pokemondb.net/item/silverpowder)** | Hold items | Increases the power of Bug-type moves. |  |
| **[Sitrus Berry](https://pokemondb.net/item/sitrus-berry)** | Berries | If held by a Pokémon, it heals the user’s HP a little. |  |
| [**Skull Fossil**](https://pokemondb.net/item/skull-fossil) | General items | A fossil from a prehistoric Pokémon that lived on the land. It appears to be part of a head. |  |
| [**Sky Plate**](https://pokemondb.net/item/sky-plate) | Hold items | Increases power of Flying-type moves. Changes Arceus' type to Flying. |  |
| [**Smoke Ball**](https://pokemondb.net/item/smoke-ball) | Hold items | An item to be held by a Pokémon. It enables the holder to flee from any wild Pokémon without fail. |  |
| [**Smooth Rock**](https://pokemondb.net/item/smooth-rock) | Hold items | A Pokémon held item that extends the duration of the move Sandstorm used by the holder. |  |
| [**Soda Pop**](https://pokemondb.net/item/soda-pop) | Medicine | A fizzy soda drink. It restores the HP of one POKéMON by 60 points. |  |
| [**Soft Sand**](https://pokemondb.net/item/soft-sand) | Hold items | Increases the power of Ground-type moves. |  |
| [**Soothe Bell**](https://pokemondb.net/item/soothe-bell) | Hold items | An item to be held by a Pokémon. It is a bell with a comforting chime that calms the holder and makes it friendly. |  |
| [**Soul Dew**](https://pokemondb.net/item/soul-dew) | Hold items | Increases both Special Attack and Special Defense when held by Latios or Latias. |  |
| [**Spell Tag**](https://pokemondb.net/item/spell-tag) | Hold items | Increases the power of Ghost-type moves. |  |
| [**Splash Plate**](https://pokemondb.net/item/splash-plate) | Hold items | Increases power of Water-type moves. Changes Arceus' type to Water. |  |
| [**Spooky Plate**](https://pokemondb.net/item/spooky-plate) | Hold items | Increases power of Ghost-type moves. Changes Arceus' type to Ghost. |  |
| [**Sport Ball**](https://pokemondb.net/item/sport-ball) | Pokeballs | A special Poké Ball for the Bug-Catching Contest. |  |
| [**Star Piece**](https://pokemondb.net/item/star-piece) | General items | A shard of a pretty gem that sparkles in a red color. It can be sold at a high price to shops. |  |
| [**Stardust**](https://pokemondb.net/item/stardust) | General items | Lovely, red-colored sand with a loose, silky feel. It can be sold at a high price to shops. |  |
| [**Steel Gem**](https://pokemondb.net/item/steel-gem) | Hold items | Increases the power of a Steel-type move only once. |  |
| [**Stick**](https://pokemondb.net/item/stick) | Hold items | Increases critical-hit ratio when held by Farfetch'd. |  |
| [**Sticky Barb**](https://pokemondb.net/item/sticky-barb) | Hold items | A held item that damages the holder on every turn. It may latch on to foes and allies that touch the holder. |  |
| [**Stone Plate**](https://pokemondb.net/item/stone-plate) | Hold items | Increases power of Rock-type moves. Changes Arceus' type to Rock. |  |
| [**Sun Stone**](https://pokemondb.net/item/sun-stone) | General items | A peculiar stone that makes certain species of POKéMON evolve. It is as red as the sun. |  |
| [**Super Potion**](https://pokemondb.net/item/super-potion) | Medicine | A spray-type medicine for wounds. It restores the HP of one Pokémon by 50 points. |  |
| [**Super Repel**](https://pokemondb.net/item/super-repel) | General items | An item that prevents weak wild Pokémon from appearing for 200 steps after its use. |  |
| [**Sweet Heart**](https://pokemondb.net/item/sweet-heart) | Medicine | Very sweet chocolate. It restores the HP of one Pokémon by only 20 points. |  |
| [**Swift Wing**](https://pokemondb.net/item/swift-wing) | Medicine | Increases Speed EVs by 1. |  |
| [**Thick Club**](https://pokemondb.net/item/thick-club) | Hold items | Increases Attack when held by Cubone or Marowak. |  |
| [**Thunderstone**](https://pokemondb.net/item/thunderstone) | General items | A peculiar stone that makes certain species of POKéMON evolve. It has a thunderbolt pattern. |  |
| [**Timer Ball**](https://pokemondb.net/item/timer-ball) | Pokeballs | A somewhat different BALL that becomes progressively better the more turns there are in a battle. |  |
| **[TinyMushroom](https://pokemondb.net/item/tinymushroom)** | General items | A small and rare mushroom. It is sought after by collectors. |  |
| [**Toxic Orb**](https://pokemondb.net/item/toxic-orb) | Hold items | An item to be held by a Pokémon. It is a bizarre orb that badly poisons the holder in battle. |  |
| [**Toxic Plate**](https://pokemondb.net/item/toxic-plate) | Hold items | Increases power of Poison-type moves. Changes Arceus' type to Poison. |  |
| **[TwistedSpoon](https://pokemondb.net/item/twistedspoon)** | Hold items | Increases the power of Psychic-type moves. |  |
| **[Tyranitarite](https://pokemondb.net/item/tyranitarite)** | Hold items | Enables Tyranitar to Mega Evolve during battle. |  |
| **[Ultra Ball](https://pokemondb.net/item/ultra-ball)** | Pokeballs | An ultra-performance Ball that provides a higher Pokémon catch rate than a Great Ball. |  |
| [**Up-Grade**](https://pokemondb.net/item/up-grade) | General items | A transparent device filled with all sorts of data. It was produced by Silph Co. |  |
| **[Venusaurite](https://pokemondb.net/item/venusaurite)** | Hold items | Enables Venusaur to Mega Evolve during battle. |  |
| [**Water Gem**](https://pokemondb.net/item/water-gem) | Hold items | Increases the power of a Water-type move only once. |  |
| [**Water Stone**](https://pokemondb.net/item/water-stone) | General items | A peculiar stone that makes certain species of Pokémon evolve. It is a clear, light blue. |  |
| [**Wave Incense**](https://pokemondb.net/item/wave-incense) | Hold items | Increases the power of Water-type moves. |  |
| [**White Flute**](https://pokemondb.net/item/white-flute) | General items | A toy flute made from white glass. A maniac will buy it for a high price. |  |
| [**White Herb**](https://pokemondb.net/item/white-herb) | Hold items | An item to be held by a POKéMON. It restores any lowered stat in battle. It can be used only once. |  |
| [**Wide Lens**](https://pokemondb.net/item/wide-lens) | Hold items | Increases the accuracy of moves. |  |
| [**Wise Glasses**](https://pokemondb.net/item/wise-glasses) | Hold items | Increases the power of Special-category moves. |  |
| [**X Accuracy**](https://pokemondb.net/item/x-accuracy) | Battle items | Raises Accuracy of a Pokémon in battle. |  |
| [**X Accuracy 2**](https://pokemondb.net/item/x-accuracy-2) | Battle items | Sharply raises Accuracy of a Pokémon in battle. |  |
| [**X Accuracy 3**](https://pokemondb.net/item/x-accuracy-3) | Battle items | Drastically raises Accuracy of a Pokémon in battle. |  |
| [**X Accuracy 6**](https://pokemondb.net/item/x-accuracy-6) | Battle items | Immensely raises Accuracy of a Pokémon in battle. |  |
| [**X Attack**](https://pokemondb.net/item/x-attack) | Battle items | Raises Attack of a Pokémon in battle. |  |
| [**X Attack 2**](https://pokemondb.net/item/x-attack-2) | Battle items | Sharply raises Attack of a Pokémon in battle. |  |
| [**X Attack 3**](https://pokemondb.net/item/x-attack-3) | Battle items | Drastically raises Attack of a Pokémon in battle. |  |
| [**X Attack 6**](https://pokemondb.net/item/x-attack-6) | Battle items | Immensely raises Attack of a Pokémon in battle. |  |
| [**X Defend**](https://pokemondb.net/item/x-defend) | Battle items | Raises Defense of a Pokémon in battle. |  |
| [**X Defend 2**](https://pokemondb.net/item/x-defend-2) | Battle items | Sharply raises Defense of a Pokémon in battle. |  |
| [**X Defend 3**](https://pokemondb.net/item/x-defend-3) | Battle items | Drastically raises Defense of a Pokémon in battle. |  |
| [**X Defend 6**](https://pokemondb.net/item/x-defend-6) | Battle items | Immensely raises Defense of a Pokémon in battle. |  |
| [**X Sp. Def**](https://pokemondb.net/item/x-sp-def) | Battle items | Raises Special Defense of a Pokémon in battle. |  |
| [**X Sp. Def 2**](https://pokemondb.net/item/x-sp-def-2) | Battle items | Sharply raises Special Defense of a Pokémon in battle. |  |
| [**X Sp. Def 3**](https://pokemondb.net/item/x-sp-def-3) | Battle items | Drastically raises Special Defense of a Pokémon in battle. |  |
| [**X Sp. Def 6**](https://pokemondb.net/item/x-sp-def-6) | Battle items | Immensely raises Special Defense of a Pokémon in battle. |  |
| [**X Special**](https://pokemondb.net/item/x-special) | Battle items | Raises Special Attack of a Pokémon in battle. |  |
| [**X Special 2**](https://pokemondb.net/item/x-special-2) | Battle items | Sharply raises Special Attack of a Pokémon in battle. |  |
| [**X Special 3**](https://pokemondb.net/item/x-special-3) | Battle items | Drastically raises Special Attack of a Pokémon in battle. |  |
| [**X Special 6**](https://pokemondb.net/item/x-special-6) | Battle items | Immensely raises Special Attack of a Pokémon in battle. |  |
| [**X Speed**](https://pokemondb.net/item/x-speed) | Battle items | Raises Speed of a Pokémon in battle. |  |
| [**X Speed 2**](https://pokemondb.net/item/x-speed-2) | Battle items | Sharply raises Speed of a Pokémon in battle. |  |
| [**X Speed 3**](https://pokemondb.net/item/x-speed-3) | Battle items | Drastically raises Speed of a Pokémon in battle. |  |
| [**X Speed 6**](https://pokemondb.net/item/x-speed-6) | Battle items | Immensely raises Speed of a Pokémon in battle. |  |
| [**Yellow Flute**](https://pokemondb.net/item/yellow-flute) | General items | A toy flute made from yellow glass. A maniac will buy it for a high price. |  |
| [**Yellow Scarf**](https://pokemondb.net/item/yellow-scarf) | General items | Raises holder's Tough aspect in a Contest. |  |
| [**Yellow Shard**](https://pokemondb.net/item/yellow-shard) | General items | A small yellow shard. It appears to be from some sort of implement made long ago. |  |
| [**Zap Plate**](https://pokemondb.net/item/zap-plate) | Hold items | Increases power of Electric-type moves. Changes Arceus' type to Electric. |  |
| [**Zinc**](https://pokemondb.net/item/zinc) | Medicine | A nutritious drink for Pokémon. It raises the base Sp. Def (Special Defense) stat of a single Pokémon. |  |
| [**Zoom Lens**](https://pokemondb.net/item/zoom-lens) | Hold items | Raises a move's accuracy if the holder moves after its target. |  |
| Beedrillite |  |  |  |
| Pideotite |  |  |  |
| Slowbroite |  |  |  |
| Steelixite |  |  |  |
| Sceptilite |  |  |  |
| Swampertite |  |  |  |
| Sablite |  |  |  |
| Shapedoite |  |  |  |
| Cameruptite |  |  |  |
| Altarite |  |  |  |
| Glalite |  |  |  |
| Salemancite |  |  |  |
| Latiasite |  |  |  |
| Latiosite |  |  |  |
| Lopunnite |  |  |  |
| Galladite |  |  |  |
| Audinite |  |  |  |
| Diancite |  |  |  |
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Key Items

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| --- | --- | --- | --- |
| Key Stone | Key Items |  |  |
| Mega Ring | Key Items |  |  |
| [**Bicycle**](https://pokemondb.net/item/x-speed-6) | Key Items |  |  |
| [**Old**](https://pokemondb.net/item/yache-berry) Rod | Key Items |  |  |
| [**Good**](https://pokemondb.net/item/yellow-flute) Rod | Key Items |  |  |
| [**Super**](https://pokemondb.net/item/yellow-scarf) Rod | Key Items |  |  |
| Factory Key | Key Items |  |  |
| Orange Pass | Key Items |  |  |
| Sevii Pass | Key Items |  |  |
| Zygarde Cube | Key Items |  |  |
| DNA Splicers | Key Items |  |  |
| Azure Flute | Key Items |  |  |
| Gracedia | Key Items |  |  |
| Rayquaza Meteroite | Key Items |  |  |
| Poke Flute | Key Items |  |  |
| [**Reveal Glass**](https://pokemondb.net/item/reveal-glass) | Key Items | A looking glass that reveals the truth. It’s a mysterious glass that returns a Pokémon to its original shape. |  |
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